SHIELD
OF
ST. GEORGE

Published monthly by
St. George Serbian Eastern Orthodox Church
901 Dueber Avenue, S.W.,
Canton, Ohio

Distributed in Church only (First Sunday of each month)

STAFF

Editors: Rev. Fr. Slobodan Zivadinovich
        George Majetich

Artist: Fedor Kapustin

Typist: Georgiana Hawkins

Reporters: Boots Capobianco
           Lottie Miljanich
THE CHARACTER OF FASTING

"Blow the trumpet in Zion; sanctify a fast." This is the warning trumpet. And it earnestly commands that when we fast, we should hallow the fast...Since there are those who defile the fast, it is necessary to make a distinction! Hence it is said here, "sanctify the fast."

Crowding the fast, many people pollute themselves by the vile thoughts in their hearts. Sometimes they corrupt themselves by doing evil against their brethren, and sometimes by even daring to defraud. And to mention nothing else, there are many who do themselves great mischief by exalting themselves above their neighbors. But we see that the boast of fasting did no good to the publican. It did him no good because his heart was proud and he exalted himself against the publican. In a similar manner, the word blamed the children of Israel of an unworthy fast. And through the Prophet Isaiah, He exhorted them saying, "This is not the day and the fact that I have chosen. This is not the way that a man should humble his soul; for even if you should bow down your neck like a hook and you should strew sackcloth and ashes all about thee; even then your fast shall not be acceptable." In order that we may be able to see what kind of persons we should be when we fast and know what the character of the fast should be, let us listen again to God commanding Moses as it is written in Leviticus. "And the Lord spake unto Moses saying: In the tenth day of this seventh month, there shall be a day of atonement. It shall be a convocation and a holy day unto you, and you shall humble your souls..."

It is required that we should fast not only with the body but with the soul. Now the soul fasts and is humbled when it does not follow wicked opinions but feeds on becoming virtues. For virtues and vices are foods of the soul. The soul can incline to either of the two; it can eat either of the two meats, according to its own will. If it is directed to holiness, it will be nourished by virtues, by righteousness, by temperance, by meekness, by fortitude; or as the blessed Paul saith, "By being nourished by the word of truth."

Such was the case of our Lord who said, "My meat is to do the will of my Father who is in heaven." But if the soul turns to evil and inclines downward, it is nourished by sin...Therefore, He commands us to turn our souls from vice and to be nourished with the food of virtue; namely, humbleness of mind, lowliness to endure humiliation, and the service of God. Such a fast obtains pardon for our souls.

Therefore, since this occasion of Lent is set before us for the exercise of fasting and since the trumpet has announced that the feast of the Passover shall be celebrated, let us be diligent in responding to this good proclamation. Like those who contend with each other in observing the purity of the fast, by watchfulness in prayers, by studying the Scriptures, by helping the poor, and by being at peace with our enemies. Let us banish all pride and return to lowliness of mind. Let us reunite those who are scattered and urge all brethren unto love. Above all, let us be at peace with all men...If we do these things, we shall conquer death and receive a pledge of the Kingdom of Heaven.

...From the Festal Letters of St. Athanasius

FASTING; AN APPROACH TO GOD

The common view of fasting is a radical misapprehension. The important element in fasting is not the fact of not eating this or that, or of depriving oneself of something by way of punishment. Fasting is but a tested method for attaining the necessary results, through the weakening of physical desire to achieve the refinement of the spiritual, mystical capacities which were obstructed by the flesh, and thus facilitating our approach to God.

...Father Yelchaniov

(The above were reprinted from the Orthodox Christian Way)
HOLY CONFESSION AND COMMUNION

Confession is the telling of sins to a priest for the purpose of obtaining forgiveness. The confession must be humble and sincere.

Holy Communion is the receiving of the Body and Blood of Christ which unites us with Him.

In order to make a good Communion, it is necessary to be in a state of Grace.

In our Church a regular FAST is prescribed as a preparation for receiving the Communion. Nothing must be taken as food or drink from midnight until the Holy Communion is received. He who receives Communion in sin receives the Body and Blood of Christ, but he does not receive his grace. Therefore, he commits a great sacrilege.

The Lenten Season will begin on Monday, March 13th. All the children will take Holy Communion together on Saturday, March 18th. All those from the age of seven years will take Holy Confession before Holy Communion.

The children just start to fast on Wednesday, March 15th and continue to March 18th. On Friday, March 17th, at 7:00 p.m., Holy Confession will take place for children and adults. On Saturday, March 18th, the Sacrament of Holy Communion will be given during the Divine Liturgy. This will be followed by a Breakfast served by our ever faithful Sunday School Mother's Club.

Incidentally, Mothers, if you are not already affiliated with this worthy group, then why not join them this Lenten season?

BAPTISMS

"..... Inscribe them in Thy Book of Life and unite them to the flock of Thine inheritance."

Kristine Enoch, daughter of George and Maxine Enoch. Born - January 7, 1965
Kum - Godfather - Charles Tepsich

Sally Ann Enoch, daughter of George and Maxine Enoch. Born - January 12, 1966
Kuma - Godmother - Mrs. Ann Tepsich

Baptized and Confirmed - January 20, 1967
SUNDAYS OF GREAT LENT

The Book of the Gospels represents the very person of Christ and reminds the worshipers of the wisdom contained in the holy Word. Therefore, the Gospels which are read on the Sundays of Great Lent are not read by chance. On the contrary, the Church chose these Gospels for the great wisdom and teachings they contain in preparation for the joyous festival of Easter.

Actually, the preparation for Easter begins on the fourth Sunday before Great Lent when the Gospel is read from ST. LUKE 18:10-14. This Sunday is called the Sunday of the Pharisee and Publican and by the Gospel we are admonished to lay aside false pride and to approach God with humble and contrite hearts, and with consciousness of our own shortcomings.

The third Sunday before Great Lent is called the Sunday of the Prodigal Son, after the Gospel (ST. LUKE 15:11-32) for the day. On this Sunday we are reminded of the necessity for repentance of our sins, and are reassured of the fatherly forgiveness of God.

The second Sunday before Lent is called Meat Fare Sunday. It receives its name from the fact that the law of the Church prohibits the eating of flesh meat from Monday following until Easter Sunday. In this Sunday is commemorated the Second Coming of Christ and the Last Judgment of the World. The Gospel for the Sunday is ST. MATTHEW 25:31-46 which gives us the Parable on the basis of the last judgment.

The Sunday next before Lent is called Cheese Fare Sunday because the law of the Church prohibits the eating of dairy products from the following Monday until Easter Sunday. On this Sunday is commemorated the expulsion of Adam and Eve from early Paradise. The Gospel for the Sunday is ST. MATTHEW 6:14-21, which set forth the Church's idea of the proper fasting attitude.

The first Sunday in Great Lent is called Orthodoxy Sunday because on this day each year is celebrated the Feast in honor of the restoration of the use of icons in the Church. The Gospel reading is taken from ST. JOHN 1:43-51, which tells us of the call of the two disciples, Philip and Nathaniel, who are more prominent in this Gospel than in the other three.

The second Sunday of Lent commemorates St. Gregory Palamas, a monk of Mt. Athos, who about 1350 became Archbishop of Salonika in Greece. St. Gregory was a famous ascetic who developed a system of mystical contemplation aimed at promoting union with God. The Gospel reading for this Sunday is ST. MARK 2:1-12 which tells us of Jesus healing a paralytic.

The third Sunday of Lent marks the middle of the Lenten period. This day is dedicated to the holy Cross Day, September 14. ST. MARK 8:34-38 is the Gospel reading and tells us the disciples' way of suffering: "Whosoever will come after me, let him deny himself, and take up his cross, and follow me."
The fourth Sunday of Lent celebrates the memory of the famous Saint and ascetic, St. John of the Ladder, who is regarded as one of the greatest monastic ascetics. His writing, "The Ladder of Perfection," is intended to serve as a means of climbing spiritually from earth to heaven. The Gospel for the day is ST. MARK 9:17-32, which tells us about the paralytic boy and the power of faith: "I believe; Help my Unbelief."

The fifth Sunday of Lent is commemorated to St. Mary of Egypt, one of the most famous women penitents of Christian history. Her example of repentance should have a salutary effect on the faithful and urge them to similar sincere repentance of their misdoings. From the Gospel of the day, ST. MARK 10:33-45, we learn of the third Passion announcement and the request of James and John to sit on the right and left hand of Christ.

Palm Sunday is the Sixth Sunday of Great Lent and commemorates the entry of Christ into Jerusalem. The story is told in the Matin Gospel for the day (ST. MATTHEW 21:1-17). The Gospel read at the HOLY-LITURGY is taken from ST. JOHN 12:1-18 which tells us about the anointing at Bethany and ends with the Triumphal Entry.

The seventh and last Sunday of Great Lent is the greatest Feast of the Christian Church. It celebrates the Resurrection of Christ, and is marked by the most joyful and elaborate of the Church's services. The Gospel for Easter is the first chapter of ST. John, the first verse: "In the beginning was the Word, and the Word was with God, and the Word was God."

Solia

ANNOUNCEMENT

The Council of Eastern Orthodox Churches of Stark County, announces the 13th Annual Sunday of Orthodoxy Vesper Service, which will be held at 7:00 p.m., March 19, 1967, at the Holy Trinity Greek Orthodox Church of Canton. The speaker for the Vesper Service will be the Most Rev. John R. Martin, D.D., Auxiliary Bishop of the Carpathian Russian Church.
EDITORIAL

In this issue of the Shield we wish to welcome our new typist, Mrs. Georgiana Haws. We hope the association will be a long and pleasant one.

At this time we also wish to thank Mrs. Nancy Solomon for her invaluable assistance in helping us prepare the first issue of the Shield and teaching us to operate the mimeograph.

Because of the small staff and due to the distance involved from Louisville to Massillon, it is necessary to have a deadline for news. This deadline is two weeks prior each issue of the Shield. If we had a little more help, we could reduce this lead time and be more up to date with our news.

We welcome announcements of birthdays, wedding anniversaries, "Slavas" and any other important dates. Please let us know in advance and we will be glad to print these announcements.

Thanks to those of our readers who have given us their comments about the first issue of the Shield.

G.M.

EXECUTIVE BOARD MEETING

The Church Executive Board met on February 2nd. A letter was received from the Rt. Rev. Gabriel Samme, of the St. George Syrian Orthodox Church of Canton, requesting the use of our Church and Sunday school. They requested use of our facilities at a convenient hour for us, beginning February 5th.

The Church Board has agreed to permit the use of our Church and Sunday school to Fr. Samme and his congregation. Details of the situation in the Canton Syrian Church appear in the February 18th edition of the Canton Repository and will not be discussed here.

Remodeling of the Women's Room in the Church Hall has been completed at some expense. Bids will soon be accepted for the remodeling of the Men's Room.

The ladies particularly may have noticed the new upright freezer in the kitchen, which has been purchased by the Church.

March Mission Sunday collection will go to the Cancer Society, as decided by the Executive Board.
SOCIAL NEWS

I promised you in the first issue of the Shield that I would give a run-down of our St. Sava Children's program. The program was held in the Sunday School hall. The day began with Holy Liturgy at 10:00 a.m., and was followed immediately by the annual Church sponsored dinner. A very delicious chicken dinner was prepared by the K.S.S. of Canton. Guests of the day were all the Sunday school teachers and the children. Small gifts were presented to the teachers, as well as the children on this occasion, in honor of St. Sava.

Church President, Rudy Trbovich, extended a warm welcome to everyone attending, in behalf of Father Slobodan, Popadija and the Church Board. Father Slobodan then greeted everyone and turned the program over to the Bozo Yoksimovich Choir, directed by Michael Babics, Sr. Master of Ceremonies was Michael Babics, who did an excellent job on such short notice.

Dorothea Rogich first introduced the kindergarten children and as always, they seemed to steal the show with their impromptu acts. Another show stealer was Joey Resanovich, who came out with a "Please Applaud" sign just at the right moment. Not only in the "youngster act," a certain "Bozo Babakonovich" really brought tears of laughter to many that day. All those who attended will long remember the many delightful happenings.

Participants were as follows: Nikolai Kapustin; Janice, Janet, Susan and Biff Frey; Janie and Bryan Maxwell; Annie, Oscar and Beverly Trbovich; Tammie and Cathy Sankovich; Paula, Joey and Ellen Resanovich; Denise and Mark Resanovich; Danny Rogich; Cheryl Solomon; Mark Waldick; Laura Kresovich; Susan Brown; Dorothy Wieslaski; Nicky Kosanovich, Jr., and Danny Trbovich.

Bill Trbovich's class had a panel discussion on St. Sava. The moderator was Nikki Ann Trbovich. The panelists were Mike Capobianco, Joey Babics, Nancy Penovich, Shelly Capobianco and Nellie Prica. Joey Resanovich and Eli Prica assisted.

The card party, held by the Mother's Club on February 13th was a huge success. There were approximately 160 in attendance. Many door prizes were given away. A delicious luncheon of chicken salad, home baked cookies, cakes and apple strudel was served.
Congratulations are in order for Dan Stepanovich and Lottie Miljanich, who became engaged February 18th. A May 21st wedding is planned.

Barbara Babics and Pete Anzalone will become Mr. & Mrs. on Saturday, June 10th. GOOD LUCK, AND GOD BLESS YOU BOTH.

I understand that two of our fair lassies—(guess who?)—have a mutual liking for a "certain Mike" from Wilmerding.

I am writing this article on February 20th, shortly after the Sixth Ecumenical Dialogue meeting and luncheon was held. Fourteen Rev. Fathers attended the meeting. Father Slobodan officiated, and four choir singers assisted with the Holy Liturgy. They were Evelyn Pritza, Nancy Solomon, Nellie Evans and Boots Capobianco. The Rev. Fathers praised them for the singing, and Father Slobodan was very proud.

Likewise, many thanks to the women who prepared the luncheon, Ann Bitzel, Millie Zupkovich, Evelyn Pritza, Nancy Solomon, Mimi Waldick and Boots Capobianco. Thanks to John Evans for serving as Altar boy and reading the Epistle. Mrs. Julka Resanovich prepared apple strudel and Evelyn made torte.

Congratulations to Mr. & Mrs. Mirko Roknic on the birth of their daughter, Milka.

Dragica Nikolis is home recuperating from her surgery. Confined in Massillon City hospital is Nick Todich, Jr., and Milan Gracak. We wish all of you a speedy recovery.

Welcome home to Lela Koich, who just returned from a visit to California and Hawaii.

Dragan Vanesevich is a patient at Molly Stark, and Mike Shuput is in the Stark County Home. I am sure either of these men would appreciate a visit from someone of Serbian descent.

The Massillon K.S.S. will hold an Easter dance, Sunday, April 30th. Details will be given in the April edition of the Shield.

Any boys, ages 11 to 14 years, who are interested in entering the 1967 Soap Box Derby, see John Maxwell.
A CO-OPERATOR’S GARDEN

First, plant five rows of peas - Presence, promptness, preparation, perseverance, purity.

Next, plant three rows of squash - Squash gossip, squash indifference, squash unjust criticism.

Then, plant five rows of lettuce - Let us be unselfish and loyal. Let us be true to our obligations. Let us obey the rules and regulations. Let us love one another. Let us be faithful to duty.

No garden is complete without turnips - Turn up for meetings. Turn up with a smile. Turn up with new ideas.

Give rest O Christ to the soul of Thy faithful servant, STOJA MILISICH POPOVICH, departed this life, February 1, 1967, to where there is neither sickness, sorrow, nor sighing, but life everlasting. Our dearly departed was laid to rest in Forest Hill Cemetery, on February 4, 1967.

NEEDED .... The Shield staff could use at least one more typist. Several typists, each doing a bit of the copy, would be easier than one person doing all. If you like the idea of a regular parish newsletter, this would be a good way to help ensure its success.
**CHRISTMAS DONATIONS - 1967**

<table>
<thead>
<tr>
<th>Donor</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mr. Marko Kovachevich</td>
<td>$20.00</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. George Maricich</td>
<td>$10.00</td>
</tr>
<tr>
<td>Canton K.S.S.</td>
<td>$10.00</td>
</tr>
<tr>
<td>Lottie Miljanich</td>
<td>$10.00</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Milosh Resanovich</td>
<td>$5.00</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Oscar Trbovich</td>
<td>$5.00</td>
</tr>
<tr>
<td>Friend</td>
<td>$5.00</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Pete Trbovich</td>
<td>$5.00</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. George Trbovich</td>
<td>$5.00</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Michael Trbovich</td>
<td>$5.00</td>
</tr>
</tbody>
</table>

---

**SPECIAL OFFERINGS**

**PATRON SAINT GIFTS**

**ST. STEPHAN**
- Mr. & Mrs. Duskan Babics $5.00

**FOR HEALTH OF MOTHER, Mrs. Stoja Popovich**
- from Mr. & Mrs. John Milisich $5.00

**MEMORIAL GIFTS**

In Memory of:
- Stoja Milisich Popovich
  - from Mr. & Mrs. William Popadich.
  - Akron, Ohio
  - Mr. & Mrs. Milosh Resanovich
  - Massillon K.S.S.
  - $10.00
  - Mrs. Savka Mandich
  - $2.00
  - $40.00

In Memory of:
- Mildred Radakovich
  - from husband, Mone Radakovich
  - son, Mr. & Mrs. George Radakovich
  - Alliance, Ohio
  - daughter, Mr. & Mrs. Rudy Betts
  - daughter, Mr. & Mrs. George Fritza
  - son, Mr. & Mrs. Peter Radakovich
  - granddaughter, Miss Judy Fritza
  - $5.00

**Mission Sunday for St. Vladimir Seminary, Tuckahoe, New York** $30.45